

For Leaders &
Leaders-to-be

DEEP★HUMAN LEADERSHIP

The Art of Leading in the Modern World

A portrait of Crystal Lim-Lange, a woman with dark hair, wearing a purple long-sleeved dress, smiling. Her hands are clasped in her lap.

Crystal
Lim-Lange

A portrait of Dr Greg Lim-Lange, a man with short grey hair, wearing a dark blue button-down shirt, smiling. He is wearing a watch on his left wrist and a ring on his left hand.

Dr Greg
Lim-Lange

A transformative 2-day leadership journey that delves into **self-awareness, self-mastery, and mastering people skills** - essential skills for thriving in today's rapidly changing world.

DEEPHUMAN

LEADING YOURSELF

day 1 curriculum



Focus & Mindfulness



Developing Self-Awareness



Self-mastery & Emotional Regulation



Mindsets for Success



Understanding the 4
Fundamental
Communication Types

taught to over
100,000
people

LEADING OTHERS

day 2 curriculum

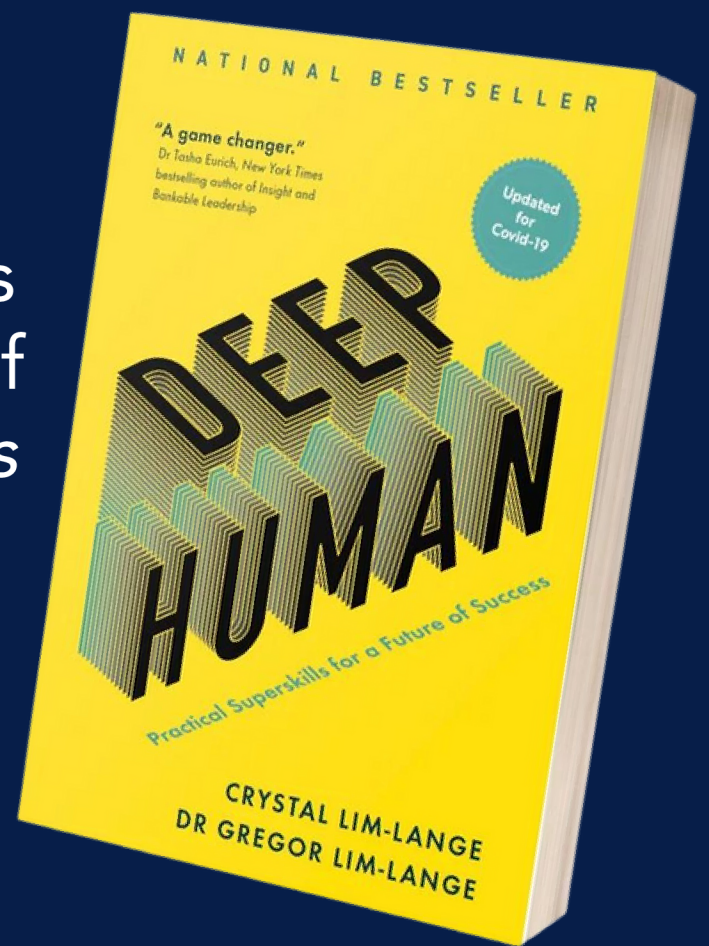


DEEP HUMAN LEADERSHIP

is brought to you by co-authors of
the National Bestseller "Deep Human"

CRYSTAL LIM-LANGE

- ✦ Leadership expert and educator
- ✦ 2x LinkedIn Top Voice
- ✦ 10+ million social media post views
- ✦ Former NUS's Founding Director of *Centre for Future-Ready Graduates*
- ✦ CNA expert contributor on talent
- ✦ CEO of Forest Wolf



DR. GREGOR LIM-LANGE

- ✦ Psychology & Communication expert
- ✦ Veteran educator & academic
- ✦ Pioneer in Mindfulness & Emotional Intelligence
- ✦ Chief Psychologist of Forest Wolf

